Task Force Meeting Agenda
Date: May 19, 2020
Time: 9:30am

Participants: David Taylor (Mercer University PT), Alicia Violette, Kay Graham (Brenau University – OT), Lisa Howard (Legacy Link Area Agency on Aging), Janine Kerr, Jennifer de la Cruz (PA - Mercer University), Susan Miller (Pharmacist - Mercer University), Julie Waller (OT – Enable Living), Dustin Abram (OT – Enable Living), Mike Orum (Rebuilding Together ATL), Ashley Singleton, O’Shane Elliot, Lois, Michael Hicks (Rebuilding Together ATL), Sharon Nieb, Elizabeth Head, Leslie Taylor (Mercer University), Elizabeth (Grady), Tom Brooks (Cobb County Library), Yolanda Vandeso-Miller (Division of Aging Services), Megan Stadinsky (Division of Aging Services), Shara Mayberry

Agenda Items

I. Introductions

II. Virtual Falls Prevention Awareness Day 2020
   a. Tom Brooks – Libraries – about to go through phased reopening
      i. Libraries not beginning to open until early July
      ii. Let’s Move in Libraries (international movement)
         1. Also about social connection
      iii. Teaming up with other states to have 7-9 minute segments on different aspects of Falls Prevention
      iv. Librarians trained in the matter of balance
         1. Through social media platforms
      v. One event? Over the month?
   b. Julie and Dustin – video on website, providing resources through social media
   c. Megan Stadinsky – need to pivot from traditional Falls Prevention awareness day (Service oriented, all resources in one location)
      i. Follow-up conversations and next steps for individuals
d. Kay Graham – Offer something that is still an opportunity for people to get together virtually
   i. Concerned with how isolated everyone is

e. Sharon Nieb - Eldest seniors don’t use virtual platforms as much but their caretakers do
   i. Have programs that children of eldest benefit from

f. Megan Stadinsky - People are learning how to use technology to meet their purposes
   i. Zoom Rooms – Different, small group demonstrations in rooms (would be able to include interactions) – Coordinator could shuffle people from room to room so participants would only need to be concerned with logging into the meeting
      1. Might take more coordination from our end

g. Liz Head – short videos showing how to get on to the platform that we are using, have these available (with technical assistance/Q&A)
   i. Tom – have different states do different videos
   ii. Sharon Nieb - IPRCE and DPH members of Injury Prevention Network – could potentially send this out to our network

h. David Taylor – Linking resources, getting out to where evidence based programs are, getting more people involved across the state, smaller organizations can pick and choose elements of this
   i. Something happening across multiple states would be great reach
   ii. Make sure we have appropriate ways to connect people to resources

i. Susan Miller – connections of falls to medications
   i. Had good experience with zoom rooms
   ii. Kay Graham – presenters rotate through groups instead of participants
      1. Small groups, people being able to hear from one another
      2. Having broad things, but making sure to get them to the local services
j. Sharon – need to be sensitive that there might be seniors who have fallen and not gotten medical care due to COVID – address this, how can we help them to address this issue
k. Liz Head – General Information and more specific sessions
   i. Great opportunity to talk about benefits of doing telemedicine
l. David Taylor –
   i. Phase 1: Big Falls Prevention kick off awareness (multi-state)
   ii. Phase 2: Georgia specific, break up by different regions
      1. Tailored to regional components
m. Kay Graham – Falls prevention day also allows for professionals to enhance learning while participating
n. Megan Stadinsky – expand reach to different audiences
o. David Taylor – identify key things, set limits on how long the videos should be, talking about classroom approach where people are given resources and have a chance to discuss them.
   i. Need to make sure we connect this to actually getting people resources
p. Ashley – how-to infographic
q. Next Steps:
   i. Webinar Series
      1. Professional Development
      2. General/For Public
      3. Next Meeting: come up with number and what will the topics be (3-5 for each?)
   4. Megan Stadinsky – pilot this between now and then to better understand what might be possible?
      a. Host must mute all or side conversations will happen
   5. Sharon – churches have been doing zoom meetings
      a. Older people have been learning how to do this, could faith based organizations also promote this event?
ii. Flier for what you can do now to reduce falls
   1. What has CDC and National Council on Aging put out one this?
a. Kay Graham can work on doing this
   i. CDC brochure and infographic – CDC STEADI website

iii. Regional Videos
   1. Need more clarification
      a. When would there be a meeting?
   2. Videos being more evergreen than one-off
      a. Maybe would be able to last a couple of years
   3. Combination of live and pre-recorded videos
      a. Preparation/Lead up to series of virtual events occurring in September
   r. Liz Head – could we partner with Neighborhoods to put on events of some kind?
      i. Send out yard exercises that could be done at home

III. STEADI Tele-med Screening
   a. For seniors who have capability to have one care taker in the room with them, care taker helps guide them through screening with Nurse Practitioner on the phone

IV. COVID-19 and Falls BRFSS Survey Questions
   a. IPRCE is looking at how COVID is interacting with injury
      i. Expectation that suicide attempts, child abuse, IVP will increase, motor vehicle crash (less accidents but injuries are really severe – related to high speed accidents), concern that seniors are staying away from medical care
   ii. Falls prevention on BRFSS?
   iii. How is COVID interacting with Falls
      1. Have you fallen in the last 3 months? Did you get medical attention?
iv. Intern looking into what questions have been asked before
   1. Alicia will work on this
   2. Follow up meeting with Liz and Sharon – won’t be until after June 1st

V. Task Force Member Updates
   a. Michael Hicks – creating a relationships with university
      i. Connecting OTs with home modifications that they are doing

VI. Adjourn

Next Meeting: June 16, 2020