

Teen Dating Violence Resources

February is Teen Dating Violence (TDV) Awareness Month. TDV affects millions of young people in the United States each year. Dating violence can include physical violence, sexual violence, psychological abuse, and stalking. TDV is preventable and supporting the development of healthy relationships can help reduce the occurrence of TDV. Learn more about TDV and how it can be prevented with these resources.



CDC'S DATING MATTERS®

Dating Matters was developed in response to concerns about the risks of dating violence for teens. Dating Matters teaches teens skills to help them to foster healthy, respectful relationships to protect them from dating violence.

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CDC VITAL SIGNS REPORT

This recent CDC Vital Signs report examines the types of violence experienced by teens, including dating violence, and highlights how these experiences of violence are associated with health conditions and risky behaviors.

[READ REPORT >>](#)



TDV AMONG LATINX YOUTH

Teen Dating Violence in Latinx youth has been understudied. This factsheet provides a review of what we know about teen dating violence in Latinx youth based on the literature that is available.

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BUILDING BOUNDARIES

Setting and respecting boundaries is essential to any relationship. Learn about the different types of boundaries and how to go about setting them.

[LEARN MORE >>](#)



COOL NOT COOL

This is an interactive resource that uses quiz cards to provide information about healthy relationships. It's an excellent tool for adolescents and teens.

[PLAY HERE >>](#)

ADDITIONAL TEEN DATING VIOLENCE RESOURCES

1. <https://www.cdc.gov/injury/features/dating-violence/index.htm>
2. <https://www.teendvmonth.org/>
3. <https://www.loveisrespect.org/get-involved/tdvam/>
4. <https://thatsnotcool.com/>