October is Relationship Violence Awareness Month (RVAM).

During this month, advocates across the nation work together to end all forms of relationship violence. Relationship violence has many names – domestic violence, dating violence, intimate partner violence – all of these can be defined as physical and/or sexual violence, stalking, or psychological harm by a current or former partner or spouse.

This toolkit includes a collection of resources that will equip advocates with the information they need to build a path to ending relationship violence.

If you or someone you know needs help, call

- Office of Respect (Emory Students only) (24-hr hotline: 470-270-5360)
- Emory Faculty Staff Assistance Program (404-727-WELL)
- National Domestic Violence Hotline (24-hr hotline: 1-800-799-SAFE)

Defining Relationship Violence

This section has been adapted from the Office of Respect’s website.

**Relationship violence** – is a pattern of behavior used by a perpetrator to gain and maintain power over their intimate partner(s). This may include physical, emotional, spiritual, mental, sexual, verbal, psychological, and/or economic abuse. Here at Emory, we choose to use the term “relationship violence” because it best describes the people between whom violence exists, both on and off campus. [http://bit.ly/TBHTK](http://bit.ly/TBHTK)

Defining Technology-Based Harm

This section has been adapted from The Hotline.

**Technology-Based Harm** – the use of technology to harass, intimidate, stalk, or otherwise harm another person.

Some examples of technology-based harm may include; using social media to trace someone else’s movements; controlling who someone friends or follows online; using technology like smartphones or GPS to track someone’s movement; looking through someone’s texts, emails, or social media; and sending unwanted sexual comments, videos, or photos.

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2 Office of Respect, “About.” 2020. [http://respect.emory.edu/about.html](http://respect.emory.edu/about.html)
3 “Types of Abuse,” The Hotline. [https://www.thehotline.org/resources/types-of-abuse/](https://www.thehotline.org/resources/types-of-abuse/)
Relevant Publications


Understanding the risk factors and relationships between technology use, technological intimate partner violence, and in-person intimate partner violence can help clinicians better serve the survivors they work with.

Video Resources

Webinar: Technology, Stalking and Domestic Violence: What is it and how your clients can stay safe https://youtu.be/2au0VajV04

Hear more about what different kinds of technology-based harm might look like. https://www.youtube.com/watch?v=3_dr9y41J38&feature=youtu.be

IPRCE Panel Discussion: Intimate Partner Violence in the Time of a Pandemic https://www.youtube.com/watch?v=AVDQb_PLEYQ

National Resources

Hollaback! & HeartMob - Social Media Safety Guides https://iheartmob.org/resources/safety_guides

VAWnet Special Collection - Technology-Facilitated Abuse https://vawnet.org/sc/technology-assisted-abuse

Best practices for coping with online abuse https://msmagazine.com/2020/10/08/7-best-practices-for-coping-with-online-sexual-harassment/

International Resources


IPRCE: iprce.emory.edu | Facebook and Twitter @IPRCEmory
Emory’s Office of Respect: respect.emory.edu | Instagram @office_of_respect | Facebook and Twitter @RespectWell