

# Relationship Violence Awareness Month 2020 Resources

October is Relationship Violence Awareness Month (RVAM). During this month, advocates across the nation work together to end all forms of relationship violence. Relationship violence has many names – domestic violence, dating violence, intimate partner violence – all of these can be defined as physical and/or sexual violence, stalking, or psychological harm by a current or former partner or spouse. IPRCE and the Office of Respect collaborated to gather a collection of resources that will equip advocates with the information they need to build a path to ending relationship violence.



## VIRTUAL BACKGROUNDS

Select one of the many virtual backgrounds to help bring awareness to Relationship Violence Awareness Month.

[CLICK HERE >>](#)

## RVAM RESOURCE TOOLKIT

In this toolkit, you'll find relevant publications, Georgia-specific resources, national resources, empowerment music playlists, and much more information to support preventing and ending RVAM.



[CLICK HERE >>](#)



## INTERSECTIONALITY AND RVAM

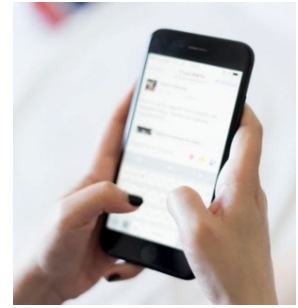
There are overlapping influences that create our identity -- race, gender, sexual orientation, religion, etc. This toolkit defines intersectionality and provides resources on relationship violence for the many different individuals it affects.

[CLICK HERE >>](#)

## TECHNOLOGY BASED HARM TOOLKIT

Harassment, intimidation, and stalking are just a few ways that relationship violence can happen online. This toolkit includes resources to combat technology-based harm.

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## DATING VIOLENCE ON COLLEGE CAMPUSES

Resources related to dating violence and sexual assault on college campuses.

[CLICK HERE >>](#)

## A Discussion About Compassion Fatigue

Compassion fatigue, also referred to as secondary traumatic stress, is a form of emotional and/or physical burnout associated with providing care for another person. Repeated exposure to another person's traumatic experiences, such as sexual assault, harassment, etc., can further intensify the impact of compassion fatigue. In the videos below, we discuss compassion fatigue with professionals that work in the sexual violence field. Hear what they have to say about ways to avoid compassion fatigue.



### WHAT IS COMPASSION FATIGUE

Listen to our partners  
define compassion  
fatigue.

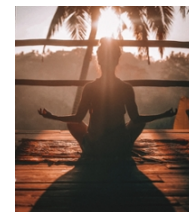
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### CENTERING SURVIVORS

Our partners discuss ways to  
provide help and create  
personal balance.

[CLICK HERE >>](#)



### COMBATING COMPASSION FATIGUE

In this video, our partners  
discuss tips for self-care.

[CLICK HERE >>](#)

## ADDITIONAL COMPASSION FATIGUE RESOURCES

1. <https://www.compassionfatigue.org/>

2. [American Academy of Family Physicians](#)

3. [Compassion Fatigue: What Is It? Why Does It Matter? Recognizing the Symptoms, Acknowledging the Impact, Developing the Tools to Prevent Compassion Fatigue, and Strengthen the Professional Already Suffering From the Effects](#)