According to data collected from more than 144,000 participants in the National Survey of Children's Health, ACEs not only increase the risk of later adverse health and social outcomes, but they can also negatively impact physical, mental, and behavioral development. ACEs can undermine their sense of safety, stability, and bonding, leading to more frequent visits to the emergency room, increased days of missed school, and increased days of work missed. Many People Report ACEs. ACEs Can Accumulate, Toxic stress happens when the brain is flooded with stress hormones like cortisol. These hormones affect the development of the brain and nervous system by disrupting the growth and function of millions of nerve cells and weakening the connections between them. These consequences may follow a person into adulthood. Positive Childhood Experiences, ACEs Can Accumulate, and the impact ACEs can have on health and social outcomes are explored in the remainder of this infographic. Many People Report ACEs. ACEs Can Echo Across Generations, and the effects of ACEs can add up over time. ACEs Can Echo Across Generations, and the effects of ACEs can add up over time. Positive Childhood Experiences, ACEs Can Accumulate, and the impact ACEs can have on health and social outcomes are explored in the remainder of this infographic.